

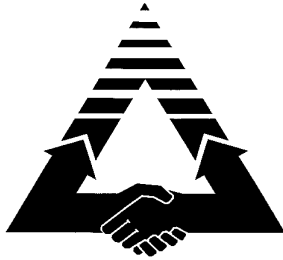
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Clarification Questions for Healing, Restoration and Renewal of Trust from Disloyalty in Marriage

To be done by letter, heart to heart before face to face.

Step One: To be Done by Offended Spouse: *Write out the clarification questions you need answered in order to move forward toward forgiving, restitution and rebuilding of trust.¹*

1. How do you think your disloyalty has affected my life?
2. How has counseling and your growth in faith helped you?
3. What have you learned about yourself that will help you be loyal to me?
4. How do you plan to gain my trust?
5. Do you want to be with me? Are you committed to me?
6. What makes you think you will not do this to me again?
7. What can I do if I become suspicious of future disloyalty?
8. How will I know you will not hurt me again?
9. How do you feel about yourself after what you did to me?
10. What would have happened if you did not get caught?
11. How do you think I felt when I learned of your disloyalty?
12. Will you ever be disloyal to me again?

You may have questions beyond those above. We suggest four questions to ask yourself before asking additional questions:

1. Why am I asking this question and why do I need to know the information?
2. Will this help me with rebuilding trust and move toward healing?
3. Are my questions redemptive or revengeful?
4. Will the answer help me to move toward forgiveness?

1. **Step Two: To be done by offending spouse:** *Write a letter to your spouse answering the above clarification questions. The letter will give your spouse a concrete reminder that it 1) really happened, 2) that it wasn't his/her fault, and 3) that the offender is doing the best to make restitution.*

¹ Questions taken from Torn Asunder, 1992, 1995, 2008, David M. Carder, Moody Publishers